

Golombisky Institute Tae Park Tae Kwon Do



What: Tae Kwon Do Classes

Where: Ionia Armory Gym
439 W. Main St.

When: Every Tuesday
6:00 pm to 8:00pm

Cost: \$25 first student, \$15 for an additional family member per month.

Tae Kwon Do Promotes:

Self Defense, Fitness, Health, Well Being, Strength

Instructor: Ms. Ramos, 3rd degree black belt

Visit the website: **www.nmtptkd.com**

To register call Nickki at 616-523-1800 ext. 105